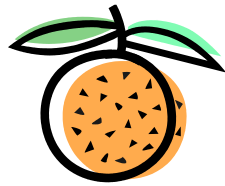


2017 January



Red River Parish School District **BREAKFAST MENU**

www.rrbulldogs.com

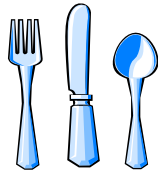
Mission Statement: Red River Parish provides excellent education: Every Child, Every Day, Whatever it Takes.

Monday	Tuesday	Wednesday	Thursday	Friday
2 <i>Christmas/New Years Holidays</i>	3	4 Waffle Sticks/Syrup OR Choice of Cereal & Muffin Fruit Cocktail & Juice Choice of Milk	5 French Toast Sticks/Syrup OR Choice of Cereal & Cereal Bar Sliced Peaches & Juice Choice of Milk	6 Honey Bun OR Choice of Cereal & Muffin Cheese Sticks Pineapple Tidbits & Juice Choice of Milk
9 Breakfast Pizza OR Choice of Cereal & Cereal Bar Pear Halves & Juice Choice of Milk	10 Sausage/Cheese Square OR Choice of Cereal & Toaster Pastries Fruit Cocktail & Juice Choice of Milk	11 Cinnamon Roll OR Choice of Cereal & Muffin Sliced Peaches & Juice Choice of Milk	12 Waffle Sticks/Syrup OR Choice of Cereal & Toaster Pastries Cheese Sticks Fruit Cocktail & Juice Choice of Milk	13 <i>Professional Workshop Day No School!</i>
16 <i>MLK Day No School!</i>	17 Sausage Biscuit OR Choice of Cereal & Muffin Pineapple Tidbits & Juice Choice of Milk	18 Honey Bun OR Choice of Cereal & Toaster Pastries Pear Halves & Juice Choice of Milk	19 Pancakes/Syrup OR Choice of Cereal & Cereal Bar Sliced Peaches & Juice Choice of Milk	20 Ham & Cheese Croissant OR Choice of Cereal & Toaster Pastries Fresh Oranges & Juice Choice of Milk
23 Pancake on a Stick/Syrup OR Choice of Cereal & Cereal Bar Fruit Cocktail & Juice Choice of Milk	24 Sausage Biscuit OR Choice of Cereal & Muffin Peach Halves & Juice Choice of Milk	25 Chicken Biscuit w/Jelly OR Choice of Cereal & Toaster Pastries Pineapple Tidbits & Juice Choice of Milk	26 Breakfast Pizza OR Choice of Cereal & Cereal Bar Mandarin Oranges & Juice Choice of Milk	27 Sausage/Cheese Square OR Choice of Cereal & Muffin Sliced Apples & Juice Choice of Milk
30 Breakfast Burrito OR Choice of Cereal & Cheese Sticks Sliced Peaches & Juice Choice of Milk	31 Cinnamon Roll OR Choice of Cereal & Toaster Pastries Pear Halves & Juice Choice of Milk		BREAKFAST PRICES Eligible Adults \$1.00 At Cost \$2.25 Single Milk \$.75 Water \$.75 Juice \$.75	LUNCH PRICES Eligible Adults \$2.00 At Cost \$4.25 Single Milk \$.75 Water \$.75 Juice \$.75

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form 1 or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.

2017 January



RED RIVER ELEMENTARY LUNCH MENU

www.rrbulldogs.com

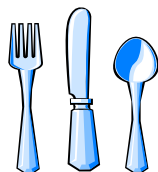
Mission Statement: Red River Parish provides excellent education: Every Child, Every Day, Whatever it Takes.

Monday	Tuesday	Wednesday	Thursday	Friday
2 <i>Christmas/New Years Holidays</i>	3	4 All American Hot Dog Baked Potato French Fries Broccoli with Cheese Chilled Peaches Mustard, Ketchup Choice of Milk	5 Beefy Mac Silly Dilly Green Beans Mixed Green Salad/Dressing Pineapple Tidbits Choice of Milk	6 Italian Pizza Steamed Corn Tossed Romaine Salad/ French Dressing Fresh Apples Choice of Milk
9 Cheesy Chicken Pasta Steamed Broccoli Tossed Romaine Salad/ Ranch Dressing Applesauce Fruited Gelatin Whole Grain Roll Choice of Milk	10 Totally Taco Salad Vegetarian Beans Mandarin Oranges Taco Sauce Choice of Milk	11 Mighty Burger w/WG Bun Oven Baked French Fries Fruit Cocktail Salad Cup Mustard and Ketchup Choice of Milk	12 Hearty Chicken Pot Pie X-Ray Vision Carrots Tossed Romaine Salad/ Dressing Pineapple Tidbits Choice of Milk	13 <i>Professional Workshop Day No School!</i>
16 <i>MLK Day No School!</i>	17 Chicken & Rice Oriental Vegetables Carrot Sticks/Ranch Dressing Chilled Peaches Choice of Milk	18 Corn Diggity Dog Pinto Beans Vibrant Veggie Mix Fruit Cocktail Ketchup Choice of Milk	19 Sloppy Joe Oven Baked French Fries Fresh Apples Icy Sherbet Ketchup Choice of Milk	20 Fiesta Pizza Silly Dilly Green Beans Pineapple Tidbits Choice of Milk
23 Beef & Bean Burrito Supremo Lettuce and Tomato Ranch Dressing Pear Halves Choice of Milk	24 Ground Beef and Gravy Steamed Rice X-Ray Vision Carrots Fresh Apple Whole Grain Roll Choice of Milk	25 Kickin' Chicken Nuggets Sweet Potato Fries Steamed Cauliflower Applesauce BBQ Sauce Choice of Milk	26 Homestyle Hotcakes/Syrup Sausage Patty Hash Rounds Chilled Peaches Choice of Milk	27 Peppy Pepperoni Pizza Vegetarian Beans Tossed Romaine Salad/Dressing Pineapple Tidbits Choice of Milk
30 Silly Chili Toasted Cheese Sandwich Carrot Sticks/Ranch Dressing Sliced Apples Choice of Milk	31 Cheesy Chicken Quesadilla Pinto Beans Fresh Sliced Tomatoes Fruit Cocktail Choice of Milk		BREAKFAST PRICES Eligible Adults \$1.00 At Cost \$2.25 Single Milk \$.75 Water \$.75 Juice \$.75	LUNCH PRICES Eligible Adults \$2.00 At Cost \$4.25 Single Milk \$.75 Water \$.75 Juice \$.75

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form 1 or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.

2017 January



RED RIVER JR. HIGH LUNCH MENU

www.rrbulldogs.com

Mission Statement: Red River Parish provides excellent education: Every Child, Every Day, Whatever it Takes.

Monday	Tuesday	Wednesday	Thursday	Friday
2 <i>Christmas/New Years Holidays</i>	3	4 All American Hot Dog Baked Potato French Fries Broccoli with Cheese Chilled Peaches Mustard, Ketchup Choice of Milk	5 Beefy Mac Silly Dilly Green Beans Mixed Green Salad/Dressing Pineapple Tidbits Whole Grain Roll Choice of Milk	6 Italian Pizza Steamed Corn Tossed Romaine Salad/ French Dressing Fresh Apples Choice of Milk
9 Cheesy Chicken Pasta Steamed Broccoli Tossed Romaine Salad/ Ranch Dressing Applesauce Fruited Gelatin Whole Grain Roll Choice of Milk	10 Totally Taco Salad Vegetarian Beans Mandarin Oranges Taco Sauce Choice of Milk	11 Mighty Burger w/WG Bun Oven Baked French Fries Fruit Cocktail Vanilla Pudding Mayo, Mustard and Ketchup Choice of Milk	12 Hearty Chicken Pot Pie X-Ray Vision Carrots Pineapple Tidbits Cookie Choice of Milk	13 <i>Professional Workshop Day No School!</i>
16 <i>MLK Day No School!</i>	17 Chicken & Rice Oriental Vegetables Carrot Sticks/Ranch Dressing Chilled Peaches Frozen Fruit Sidekick Whole Grain Roll Choice of Milk	18 Corn Diggity Dog Pinto Beans Vibrant Veggie Mix Fruit Cocktail Icy Sherbert Ketchup Choice of Milk	19 Sloppy Joe Oven Baked French Fries Fresh Apples Ketchup Choice of Milk	20 Fiesta Pizza Silly Dilly Green Beans Pineapple Tidbits Chocolate Pudding Choice of Milk
23 Beef & Bean Burrito Supremo Lettuce and Tomato Ranch Dressing Corn on the Cob Pear Halves Choice of Milk	24 Ground Beef and Gravy Steamed Rice X-Ray Vision Carrots Fresh Apple Whole Grain Roll Choice of Milk	25 Kickin' Chicken Nuggets Sweet Potato Fries Steamed Cauliflower Applesauce BBQ Sauce Choice of Milk	26 Homestyle Hotcakes/Syrup Sausage Patty Hash Rounds Chilled Peaches Choice of Milk	27 Peppy Pepperoni Pizza Vegetarian Beans Tossed Romaine Salad/Dressing Pineapple Tidbits Frozen Fruit Sidekick Choice of Milk
30 Silly Chili Toasted Cheese Sandwich Carrot Sticks/Ranch Dressing Cinnamon Apples Choice of Milk	31 Cheesy Chicken Quesadilla Pinto Beans Fresh Sliced Tomatoes Fruit Cocktail Frozen Fruit Sidekick Choice of Milk		BREAKFAST PRICES Eligible Adults \$1.00 At Cost \$2.25 Single Milk \$.75 Water \$.75 Juice \$.75	LUNCH PRICES Eligible Adults \$2.00 At Cost \$4.25 Single Milk \$.75 Water \$.75 Juice \$.75

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.

2017 January



RED RIVER SR. HIGH LUNCH MENU

www.rrbulldogs.com

Mission Statement: Red River Parish provides excellent education: Every Child, Every Day, Whatever it Takes.

Monday	Tuesday	Wednesday	Thursday	Friday
2 <i>Christmas/New Years Holidays</i>	3	4 All American Hot Dog Baked Potato French Fries Broccoli with Cheese Chilled Peaches Cookie Icy Sherbet Mustard, Ketchup Choice of Milk	5 Beefy Mac Silly Dilly Green Beans Mixed Green Salad/Dressing Pineapple Tidbits Whole Grain Roll Choice of Milk	6 Italian Pizza Steamed Corn Tossed Romaine Salad/ French Dressing Fresh Apples Choice of Milk
9 Cheesy Chicken Pasta Steamed Broccoli Tossed Romaine Salad/ Ranch Dressing Applesauce Fruited Gelatin Whole Grain Roll Choice of Milk	10 Totally Taco Salad Vegetarian Beans Mandarin Oranges Cookie Taco Sauce Choice of Milk	11 Mighty Burger w/WG Bun Oven Baked French Fries Fruit Cocktail Vanilla Pudding Mayo, Mustard and Ketchup Choice of Milk	12 Hearty Chicken Pot Pie X-Ray Vision Carrots Pineapple Tidbits Choice of Milk	13 <i>Professional Workshop Day No School!</i>
16 <i>MLK Day No School!</i>	17 Chicken & Rice Oriental Vegetables Carrot Sticks/Ranch Dressing Chilled Peaches Frozen Fruit Sidekick Whole Grain Roll Choice of Milk	18 Corn Diggity Dog Pinto Beans Vibrant Veggie Mix Fruit Cocktail Icy Sherbet Ketchup Choice of Milk	19 Sloppy Joe Oven Baked French Fries Fresh Apples Cookie Ketchup Choice of Milk	20 Fiesta Pizza Silly Dilly Green Beans Pineapple Tidbits Chocolate Pudding Frozen Fruit Sidekick Choice of Milk
23 Beef & Bean Burrito Supremo Lettuce and Tomato Ranch Dressing Corn on the Cob Pear Halves Choice of Milk	24 Ground Beef and Gravy Steamed Rice X-Ray Vision Carrots Fresh Apple Whole Grain Roll Choice of Milk	25 Kickin' Chicken Nuggets Sweet Potato Fries Steamed Cauliflower Applesauce Cookie BBQ Sauce Choice of Milk	26 Homestyle Hotcakes/Syrup Sausage Patty Hash Rounds Chilled Peaches Choice of Milk	27 Peppy Pepperoni Pizza Vegetarian Beans Tossed Romaine Salad/Dressing Pineapple Tidbits Frozen Fruit Sidekick Choice of Milk
30 Silly Chili Toasted Cheese Sandwich Carrot Sticks/Ranch Dressing Cinnamon Apples Choice of Milk	31 Cheesy Chicken Quesadilla Pinto Beans Fresh Sliced Tomatoes Fruit Cocktail Frozen Fruit Sidekick Choice of Milk		BREAKFAST PRICES Eligible Adults \$1.00 At Cost \$2.25 Single Milk \$.75 Water \$.75 Juice \$.75	LUNCH PRICES Eligible Adults \$2.00 At Cost \$4.25 Single Milk \$.75 Water \$.75 Juice \$.75

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form 1 or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.