

September 2021

LUNCH MEAL PRICES:
STUDENT: **ADULT:**
FREE **\$4.00**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug.30	Aug 31	1	2	3
<u>CHEESY CHICKEN PASTA</u> Dinner Roll Tossed Romaine Salad House-made Ranch Dressing	<u>RED BEANS & SAUSAGE</u> Steamed Rice Seasoned Green Beans	<u>PULLED PORK SANDWICH</u> Cole Slaw Vegetarian Beans BBQ Sauce	<u>PANCAKES</u> Sausage Patty Tater Tots Ketchup / Syrup	LABOR DAY HOLIDAY
6	7	8	9	10
 HAPPY LABOR DAY!	<u>CORN DOG</u> Whole Kernel Corn Ketchup / Mustard	<u>GROUND BEEF & GRAVY</u> Steamed Rice Italian Sliced Carrots	<u>CHICKEN NUGGETS</u> French Fries Ketchup/BBQ sauce	<u>VIRTUAL FRIDAY</u> String Cheese/Teddy Grahams Cream Sunbutter/Applesauce Fresh Carrots RF Nacho Doritos Dried Cranberries / Jelly 1% White or Chocolate Milk Fruit Punch Juice Shelf Stable
13	14	15	16	17
<u>BEEF & SAUSAGE PENNE PASTA</u> Bread Stick Tossed Romaine Salad House-made Ranch Dressing	<u>MIGHTY CHEESEBURGER</u> French Fries Lettuce/Tomato/Pickle Ketchup/Mustard/Mayo	<u>SPICY TERIYAKI CHICKEN & BROCCOLI</u> Steamed Rice Fresh Carrots Low Sodium Soy Sauce	<u>OVEN BAKED FRIED CATFISH</u> Dinner Roll Waffle Fries Seasoned Pinto Beans Tatar Sauce / Ketchup	<u>VIRTUAL FRIDAY</u> Chicken Salad Pouch Cheese Its /Goldfish Fresh Celery Sticks Applesauce Dried Cranberries 1% White or Chocolate Milk
20	21	22	23	24
<u>SPAGHETTI & MEAT SAUCE</u> Bread Stick Tossed Romaine Salad House-made Ranch Dressing	<u>BBQ CHICKEN DRUMSTICKS</u> Dinner Roll Veterinarian Beans Cheesy Potato Casserole	<u>BULLDOG NACHOS</u> Whole Kernel Corn Side of Jalapeños Sour Cream Indv. Packet	<u>CHICKEN & WAFFLES</u> Tater Tots Ketchup Syrup	<u>VIRTUAL FRIDAY</u> String Cheese/Teddy Grahams Cream Sunbutter/Applesauce Fresh Carrots RF Nacho Doritos Dried Cranberries / Jelly 1% White or Chocolate Milk Fruit Punch Juice Shelf Stable
27	28	29	30	OCT. 1
<u>CHEESY CHICKEN PASTA</u> Dinner Roll Tossed Romaine Salad House-made Ranch Dressing	<u>CHEESE PIZZA</u> Seasoned Green Beans Whole Kernel Corn	<u>PULLED PORK SANDWICH</u> Cole Slaw Vegetarian Beans BBQ Sauce	<u>PANCAKES</u> Sausage Patty Tater Tots Ketchup / Syrup	<u>VIRTUAL FRIDAY</u> Chicken Salad Pouch Cheese Its /Goldfish Fresh Celery Sticks Applesauce Dried Cranberries 1% White or Chocolate Milk

SERVED DAILY

FRESH WHOLE FRUIT, CANNED FRUIT, CHILLED FRUIT, & 1% WHITE OR FAT FREE FLAVORED MILK

ALL Students Receive FREE Breakfast & Lunch

For more information about your child's menu, go to : www.coolschoolcafe.com/redriverparish

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Aug.30	Aug 31	1	2	3
<u>CHEESY CHICKEN PASTA</u> Dinner Roll Tossed Romaine Salad House-made Ranch Dressing	<u>RED BEANS & SAUSAGE</u> Steamed Rice Seasoned Green Beans	<u>PULLED PORK SANDWICH</u> Cole Slaw Vegetarian Beans BBQ Sauce	<u>PANCAKES</u> Sausage Patty Tater Tots Ketchup Syrup	LABOR DAY HOLIDAY
6	7	8	9	10
HAPPY LABOR DAY! 	<u>CRISPY CHICKEN SANDWICH</u> Sweet Potato Fries Lettuce/Tomato/Pickle Ketchup Mustard Mayo	<u>BEEF TIPS</u> Dinner Roll Steamed Rice Tossed Romaine Salad	<u>CHICKEN NUGGETS</u> French Fries Ketchup BBQ sauce	<u>VIRTUAL FRIDAY</u> String Cheese/Teddy Grahams Cream Sunbutter/Applesauce Fresh Carrots RF Nacho Doritos Dried Cranberries / Jelly 1% White or Chocolate Milk Fruit Punch Juice Shelf Stable
13	14	15	16	17
<u>BAKED BEEF & SAUSAGE PENNE</u> Bred Stick Tossed Romaine Salad House-made Ranch Dressing	<u>MIGHTY CHEESEBURGER</u> French Fries Lettuce/Tomato/Pickle Ketchup Mustard Mayo	<u>SPICY TERIYAKI CHICKEN & BROCCOLI</u> Steamed Rice Fresh Carrots Low Sodium Soy Sauce	<u>OVEN BAKED FRIED CATFISH</u> Dinner Roll Waffle Fries Seasoned Pinto Beans Tatar Sauce / Ketchup	<u>VIRTUAL FRIDAY</u> Chicken Salad Pouch Cheese Its /Goldfish Fresh Celery Sticks Applesauce Dried Cranberries 1% White or Chocolate Milk
20	21	22	23	24
<u>SPAGHETTI & MEAT SAUCE</u> Bread Stick Tossed Romaine Salad House-made Ranch Dressing	<u>BBQ CHICKEN DRUMSTICKS</u> Dinner Roll Veterinarian Beans Cheesy Potato Casserole	<u>BULLDOG NACHOS</u> Whole Kernel Corn Side of Jalapeños Sour Cream Indv. Packet	<u>CHICKEN & WAFFLES</u> Tater Tots Ketchup Syrup	<u>VIRTUAL FRIDAY</u> String Cheese/Teddy Grahams Cream Sunbutter/Applesauce Fresh Carrots RF Nacho Doritos Dried Cranberries / Jelly 1% White or Chocolate Milk Fruit Punch Juice Shelf Stable
27	28	29	30	OCT. 1
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SERVED DAILY

FRESH WHOLE FRUIT, CANNED FRUIT, CHILLED FRUIT, & 1% WHITE OR FAT FREE FLAVORED MILK

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug.30	Aug 31	1	2	3
<u>MINI PANCAKE WRAPPED SAUSAGE LINKS</u> Syrup Assorted 100% Fruit Juice	<u>WARM CINNAMON ROLL</u> Assorted 100% Fruit Juice	<u>SAUSAGE BISCUIT</u> Jelly Assorted 100% Fruit Juice	<u>STRAWBERRY YOGURT</u> Assorted Cereal (1 each) Cinn. Toast Crunch, Frosted Flakes, Fruit Loops Assorted 100% Fruit Juice	LABOR DAY HOLIDAY
6	7	8	9	
	<u>SOFT FILLED BAR CINNAMON TOAST CRUCH BREAD</u>	<u>CHICKEN BISCUIT</u> Jelly	<u>HAM & CHEESE CROISSANT</u> Individual Mayo pkt Mustard Assorted 100% Fruit Juice	10
13	14	15	16	17
<u>MINI PANCAKE WRAPPED SAUSAGE LINKS</u> Syrup Assorted 100% Fruit Juice	<u>WARM CINNAMON ROLL</u> Assorted 100% Fruit Juice	<u>SAUSAGE BISCUIT</u> Jelly Assorted 100% Fruit Juice	<u>STRAWBERRY YOGURT</u> Assorted Cereal (1 each) Cinn. Toast Crunch, Frosted Flakes, Fruit Loops Assorted 100% Fruit Juice	<u>BLUEBERRY CEREAL BAR</u> Assorted Cereal (1 each) Cinn. Toast Crunch, Frosted Flakes, Fruit Loops Fresh Banana Assorted 100% Fruit Juice
20	21	22	23	24
<u>FRENCH TOAST STICKS</u> Syrup Assorted 100% Fruit Juice	<u>SOFT FILLED BAR CINNAMON TOAST CRUCH BREAD</u> Assorted 100% Fruit Juice	<u>CHICKEN BISCUIT</u> Jelly Assorted 100% Fruit Juice	<u>HAM & CHEESE CROISSANT</u> Individual Mayo pkt Mustard Assorted 100% Fruit Juice	<u>ASSORTED CEREAL</u> (1 each) Cinn. Toast Crunch, Frosted Flakes, Fruit Loops Blueberry Muffin Fresh Banana Assorted 100% Fruit Juice
27	28	29	30	OCT. 1
<u>MINI PANCAKE WRAPPED SAUSAGE LINKS</u> Syrup Assorted 100% Fruit Juice	<u>WARM CINNAMON ROLL</u> Assorted 100% Fruit Juice	<u>SAUSAGE BISCUIT</u> Jelly Assorted 100% Fruit Juice	<u>STRAWBERRY YOGURT</u> Assorted Cereal (1 each) Cinn. Toast Crunch, Frosted Flakes, Fruit Loops Assorted 100% Fruit Juice	<u>BLUEBERRY CEREAL BAR</u> Assorted Cereal (1 each) Cinn. Toast Crunch, Frosted Flakes, Fruit Loops Assorted 100% Fruit Juice

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