

January 2022

BREAKFAST MEAL PRICES:
STUDENT: **ADULT:**
FREE **\$2.25**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <u>MINI PANCAKE WRAPPED SAUSAGE LINKS</u> Syrup Assorted 100% Fruit Juice	4 <u>WARM CINNAMON ROLL</u> Assorted 100% Fruit Juice	5 <u>SAUSAGE BISCUIT</u> Jelly Assorted 100% Fruit Juice	6 <u>STRAWBERRY YOGURT</u> Assorted Cereal (1 each) Cinn. Toast Crunch, Frosted Flakes, Fruit Loops Assorted 100% Fruit Juice	7 <u>BLUEBERRY CEREAL BAR</u> Assorted Cereal (1 each) Cinn. Toast Crunch, Frosted Flakes, Fruit Loops Fresh Banana Assorted 100% Fruit Juice
10 <u>FRENCH TOAST STICKS</u> Syrup Assorted 100% Fruit Juice	11 <u>BLUEBERRY SCONE</u> Assorted 100% Fruit Juice	12 <u>CHICKEN BISCUIT</u> Jelly Assorted 100% Fruit Juice	13 <u>SOFT FILLED CINNAMON TOAST BREAD</u> Assorted 100% Fruit Juice	14 <u>ASSORTED CEREAL</u> (1 each) Cinn. Toast Crunch, Frosted Flakes, Fruit Loops Blueberry Muffin Fresh Banana Assorted 100% Fruit Juice
17 	18 <u>WARM CINNAMON ROLL</u> Assorted 100% Fruit Juice	19 <u>SAUSAGE BISCUIT</u> Jelly Assorted 100% Fruit Juice	20 <u>STRAWBERRY YOGURT</u> Assorted Cereal (1 each) Cinn. Toast Crunch, Frosted Flakes, Fruit Loops Assorted 100% Fruit Juice	21 <u>BLUEBERRY CEREAL BAR</u> Assorted Cereal (1 each) Cinn. Toast Crunch, Frosted Flakes, Fruit Loops Fresh Banana Assorted 100% Fruit Juice
24 <u>FRENCH TOAST STICKS</u> Syrup Assorted 100% Fruit Juice	25 <u>BLUEBERRY SCONE</u> Assorted 100% Fruit Juice	26 <u>CHICKEN BISCUIT</u> Jelly Assorted 100% Fruit Juice	27 <u>SOFT FILLED CINNAMON TOAST BREAD</u> Assorted 100% Fruit Juice	28 <u>ASSORTED CEREAL</u> (1 each) Cinn. Toast Crunch, Frosted Flakes, Fruit Loops Blueberry Muffin Fresh Banana Assorted 100% Fruit Juice
31 <u>MINI PANCAKE WRAPPED SAUSAGE LINKS</u> Syrup Assorted 100% Fruit Juice	Feb. 1 <u>WARM CINNAMON ROLL</u> Assorted 100% Fruit Juice	Feb. 2 <u>SAUSAGE BISCUIT</u> Jelly Assorted 100% Fruit Juice	Feb. 3 <u>STRAWBERRY YOGURT</u> Assorted Cereal (1 each) Cinn. Toast Crunch, Frosted Flakes, Fruit Loops Assorted 100% Fruit Juice	Feb. 4 <u>BLUEBERRY CEREAL BAR</u> Assorted Cereal (1 each) Cinn. Toast Crunch, Frosted Flakes, Fruit Loops Fresh Banana Assorted 100% Fruit Juice

SERVED DAILY

FRESH WHOLE FRUIT, CANNED FRUIT, CHILLED FRUIT, & 1% WHITE OR FAT FREE FLAVORED MILK

ALL Students Receive FREE Breakfast & Lunch

For more information about your child's menu, go to : www.coolschoolcafe.com/redriverparish

This Product is funded by USDA. This institution is an equal opportunity provider.

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LUNCH MEAL PRICES:
STUDENT: **ADULT:**
FREE **\$4.25**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
<u>BAKED BEEF AND SAUSAGE PENNE PASTA</u> Bread Stick Tossed Romaine Salad Home-made Ranch Dressing	<u>MIGHTY CHEESEBURGER</u> French Fries Lettuce/Tomato/Pickle Ketchup Mayo indiv. Mustard	<u>SPICY TERIYAKI CHICKEN AND BROCCOLI</u> Steamed Rice Fresh Baby Carrots Low Sodium Soy Sauce	<u>CORN DOG</u> Whole Kernel Corn Ketchup Mustard	<u>VIRTUAL FRIDAY</u> Chicken Salad Pouch Cheese Its /Goldfish Fresh Celery Sticks Applesauce Dried Cranberries 1% White or Chocolate Milk
10	11	12	13	14
<u>SPAGHETTI AND MEAT SAUCE</u> Bread Stick Tossed Romaine Salad Home-made Ranch Dressing	<u>BBQ CHICKEN DRUMSTICKS</u> Dinner Roll Seasoned Green Beans Seasoned Pinto Beans	<u>BULLDOG NACHOS</u> Whole Kernel Corn Side of Jalapenos Sour Cream indiv.	<u>CHICKEN & WAFFLES</u> Tater Tots Ketchup Syrup	<u>VIRTUAL FRIDAY</u> String Cheese/Teddy Grahams Cream Sunbutter/Applesauce Fresh Baby Carrots RF Nacho Doritos Dried Cranberries / Jelly 1% White or Chocolate Milk
17	18	19	20	21
	<u>CHEESE PIZZA</u> Seasoned Green Beans	<u>PULLED PORK SANDWICH</u> Cole Slaw Vegetarian Beans BBQ Sauce	<u>PANCAKES</u> Sausage Patty Tater Tots Ketchup / Syrup	<u>VIRTUAL FRIDAY</u> Chicken Salad Pouch Cheese Its /Goldfish Fresh Celery Sticks Applesauce Dried Cranberries 1% White or Chocolate Milk
24	25	26	27	28
<u>CHICKEN & SAUSAGE JAMBALAYA</u> Bread Stick Seasoned Green Beans Hot Sauce	<u>CORN DOG</u> Whole Kernel Corn Ketchup Mustard	<u>SLOPPED JOE ON A BUN</u> Nacho Cheese Chips Italian Sliced Carrots	<u>CHICKEN NUGGETS</u> French Fries Ketchup/BBQ sauce	<u>VIRTUAL FRIDAY</u> String Cheese/Teddy Grahams Cream Sunbutter/Applesauce Fresh Baby Carrots RF Nacho Doritos Dried Cranberries / Jelly 1% White or Chocolate Milk
31	Feb. 1	Feb. 2	Feb. 3	Feb. 4
<u>BAKED BEEF AND SAUSAGE PENNE PASTA</u> Bread Stick Tossed Romaine Salad Home-made Ranch Dressing	<u>MIGHTY CHEESEBURGER</u> French Fries Lettuce/Tomato/Pickle Ketchup Mayo indiv. Mustard	<u>SPICY TERIYAKI CHICKEN AND BROCCOLI</u> Steamed Rice Fresh Baby Carrots Low Sodium Soy Sauce	<u>CORN DOG</u> Whole Kernel Corn Ketchup Mustard	<u>VIRTUAL FRIDAY</u> Chicken Salad Pouch Cheese Its /Goldfish Fresh Celery Sticks Applesauce Dried Cranberries 1% White or Chocolate Milk

SERVED DAILY

FRESH WHOLE FRUIT, CANNED FRUIT, CHILLED FRUIT, & 1% WHITE OR FAT FREE FLAVORED MILK

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3	4	5	6	7
<u>BAKED BEEF AND SAUSAGE PENNE PASTA</u> Bread Stick Tossed Romaine Salad Home-made Ranch Dressing	<u>MIGHTY CHEESEBURGER</u> French Fries Lettuce/Tomato/Pickle Ketchup Mayo indiv. Mustard	<u>SPICY TERIYAKI CHICKEN AND BROCCOLI</u> Steamed Rice Fresh Baby Carrots	<u>MEATBALL MARINARA HOAGIE</u> Lettuce/Tomato/Pickle Waffle Fries Ketchup	<u>VIRTUAL FRIDAY</u> Chicken Salad Pouch Cheese Its /Goldfish Fresh Celery Sticks Applesauce Dried Cranberries 1% White or Chocolate Milk
10	11	12	13	14
<u>SPAGHETTI AND MEAT SAUCE</u> Bread Stick Tossed Romaine Salad Home-made Ranch Dressing	<u>BBQ CHICKEN DRUMSTICKS</u> Dinner Roll Seasoned Green Beans Seasoned Pinto Beans	<u>BULLDOG NACHOS</u> Whole Kernel Corn Side of Jalapenos Sour Cream indiv.	<u>CHICKEN & WAFFLES</u> Tater Tots Ketchup Syrup	<u>VIRTUAL FRIDAY</u> String Cheese/Teddy Grahams Cream Sunbutter/Applesauce Fresh Baby Carrots RF Nacho Doritos Dried Cranberries / Jelly 1% White or Chocolate Milk
17	18	19	20	21
	<u>RED BEANS AND SAUSAGE</u> Steamed Rice Seasoned Green Beans Hot Sauce indiv.	<u>PULLED PORK SANDWICH</u> Cole Slaw Vegetarian Beans BBQ Sauce	<u>PANCAKES</u> Sausage Patty Tater Tots Ketchup / Syrup	<u>VIRTUAL FRIDAY</u> Chicken Salad Pouch Cheese Its /Goldfish Fresh Celery Sticks Applesauce Dried Cranberries 1% White or Chocolate Milk
24	25	26	27	28
<u>CHICKEN & SAUSAGE JAMBALAYA</u> Bread Stick Seasoned Green Beans Hot Sauce	<u>CRISPY CHICKEN SANDWICH</u> Lettuce/Tomato/Pickle Sweet Potato Fries Honey Mustard Cup Ketchup/Mayo	<u>BEEF TIPS</u> Dinner Roll Steamed Rice Tossed Romaine Salad Home-made Ranch Dressing	<u>CHICKEN NUGGETS</u> French Fries Ketchup/BBQ sauce	<u>VIRTUAL FRIDAY</u> String Cheese/Teddy Grahams Cream Sunbutter/Applesauce Fresh Baby Carrots RF Nacho Doritos Dried Cranberries / Jelly 1% White or Chocolate Milk
31	Feb. 1	Feb. 2	Feb. 3	Feb. 4
<u>BAKED BEEF AND SAUSAGE PENNE PASTA</u> Bread Stick Tossed Romaine Salad Home-made Ranch Dressing	<u>MIGHTY CHEESEBURGER</u> French Fries Lettuce/Tomato/Pickle Ketchup Mayo indiv. Mustard	<u>SPICY TERIYAKI CHICKEN AND BROCCOLI</u> Steamed Rice Fresh Baby Carrots Low Sodium Soy Sauce	<u>MEATBALL MARINARA HOAGIE</u> Lettuce/Tomato/Pickle Waffle Fries Ketchup	<u>VIRTUAL FRIDAY</u> Chicken Salad Pouch Cheese Its /Goldfish Fresh Celery Sticks Applesauce Dried Cranberries 1% White or Chocolate Milk

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