

BREAKFAST MENU

MARCH 2023

RED RIVER ELEMENTARY



MON	TUE	WED	THU	FRI
27 BREAKFAST PIZZA <u>ENTRÉE OPTION:</u> CEREAL/MUFFIN 100% FRUIT JUICE	28 CINNAMON ROLL <u>ENTRÉE OPTION:</u> CEREAL/POPTART 100% FRUIT JUICE	1 SAUSAGE BISCUIT <u>ENTRÉE OPTION:</u> CEREAL/CEREAL BAR 100% FRUIT JUICE JELLY	2 TOAST & EGGS <u>ENTRÉE OPTION:</u> CEREAL/YOGURT 100% FRUIT JUICE JELLY	3 VIRTUAL SCHOOL DAY NO MEAL
6 FRENCH TOAST STICKS <u>ENTRÉE OPTION:</u> CEREAL/MUFFIN 100% FRUIT JUICE MILK CHOICE	7 HAM AND CHEESE CROISSANT <u>ENTRÉE OPTION:</u> CEREAL/POPTART 100% FRUIT JUICE	8 CHICKEN BISCUIT <u>ENTRÉE OPTION:</u> WG CINNIE MINNIES 100% FRUIT JUICE JELLY	9 PANCAKE ON A STICK <u>ENTRÉE OPTION:</u> CEREAL/CEREAL BAR 100% FRUIT JUICE SYRUP	10 Spring Break NO School
13 Spring Break NO School	14 CINNAMON ROLL <u>ENTRÉE OPTION:</u> CEREAL/POPTART 100% FRUIT JUICE	15 SAUSAGE BISCUIT <u>ENTRÉE OPTION:</u> CINNIE MINNIES 100% FRUIT JUICE JELLY	16 TOAST & EGGS <u>ENTRÉE OPTION:</u> CEREAL/CEREAL BAR 100% FRUIT JUICE SYRUP	17 VIRTUAL SCHOOL DAY NO MEAL
23 FRENCH TOAST STICKS <u>ENTRÉE OPTION:</u> CEREAL/MUFFIN 100% FRUIT JUICE MILK CHOICE	24 HAM AND CHEESE CROISSANT <u>ENTRÉE OPTION:</u> CEREAL/POPTART 100% FRUIT JUICE	25 CHICKEN BISCUIT <u>ENTRÉE OPTION:</u> WG CINNIE MINNIES 100% FRUIT JUICE JELLY	26 PANCAKE ON A STICK <u>ENTRÉE OPTION:</u> CEREAL/CEREAL BAR 100% FRUIT JUICE SYRUP	27 VIRTUAL SCHOOL DAY NO MEAL
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****All meals served with fresh or chilled fruit and a milk choice****

BREAKFAST MENU

MARCH 2023

RRHS/RRJR/RA



MON	TUE	WED	THU	FRI
27 BREAKFAST PIZZA <u>ENTRÉE OPTION:</u> CEREAL/MUFFIN 100% FRUIT JUICE	28 CINNAMON ROLL <u>ENTRÉE OPTION:</u> CEREAL/POPTART 100% FRUIT JUICE	1 SAUSAGE BISCUIT <u>ENTRÉE OPTION:</u> CEREAL/CEREAL BAR 100% FRUIT JUICE JELLY	2 SCRAMBLED EGGS <u>ENTRÉE OPTION:</u> CEREAL/YOGURT 100% FRUIT JUICE JELLY	3 VIRTUAL SCHOOL DAY NO MEAL
6 FRENCH TOAST STICKS <u>ENTRÉE OPTION:</u> CEREAL/MUFFIN 100% FRUIT JUICE MILK CHOICE	7 HAM AND CHEESE CROISSANT <u>ENTRÉE OPTION:</u> CEREAL/POPTART 100% FRUIT JUICE	8 CHICKEN BISCUIT <u>ENTRÉE OPTION:</u> WG CINNIE MINNIES 100% FRUIT JUICE JELLY	9 PANCAKE ON A STICK <u>ENTRÉE OPTION:</u> CEREAL/CEREAL BAR 100% FRUIT JUICE SYRUP	10 Spring Break NO School
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****All meals served with fresh or chilled fruit and a milk choice****

LUNCH MENU

MARCH 2023

RED RIVER ELEMENTARY



MON	TUE	WED	THU	FRI
27 SPAGHETTI AND MEATSAUCE TOSSED ROMAINE SALAD WITH DRESSING BREADSTICK	28 MEAT PIE CHEESY POTATO CASSEROLE SEASONED GREEN BEANS KETCHUP	1 BULLDOGS NACHOS BABY CARROTS WITH VEGGIE DIP PINTO BEANS	2 CHICKEN AND WAFFLES TATER TOTS KETCHUP, SYRUP	3 VIRTUAL SCHOOL DAY NO MEAL
6 CHEESY CHICKEN PASTA STEAMED FRESH BROCCOLI DINNER ROLL	7 CHEESE PIZZA SEASONED GREEN BEANS	8 MIGHTY CHEESEBURGER BAKED FRENCH FRIES VEGETARIAN BEANS MAYO, MUSTARD, KETCHUP	9 PANCAKES AND SAUSAGE TATER TOTS FRESH CARROT STICKS HOMEMADE RANCH DRESSING	10 Spring Break NO School
13 Spring Break NO School	14 TOASTED CHEESE SANDWICH VEGETABLE BEEF SOUP BABY CARROTS/DIP	15 PULLED PORK SANDWICH COLE SLAW BAKED BEANS KETCHUP, MAYO, MUSTARD	16 CHICKEN NUGGETS FRENCH FRIES KETCHUP AND BARBEQUE SAUCE	17 VIRTUAL SCHOOL DAY NO MEAL
20 BAKED SAUSAGE PENNE GREEN BEANS GARLIC BREADSTICK	21 MIGHTY CHEESEBURGER BAKED FRENCH FRIES VEGETARIAN BEANS MAYO, MUSTARD, KETCHUP	22 RANCH CHICKEN DRUMSTICK CHEESY POTATO CASSEROLE ITALIAN SLICED CARROTS DINNER ROLL	23 CORN DOG CHIPS STEAMED BROCCOLI KETCHUP, MUSTARD, MAYO	24 VIRTUAL SCHOOL DAY NO MEAL
27 SPAGHETTI AND MEATSAUCE TOSSED ROMAINE SALAD WITH DRESSING BREADSTICK	28 FISH STICKS DINNER ROLL SEASONED CORN PINTO BEANS KETCHUP	1 BULLDOGS NACHOS BABY CARROTS WITH VEGGIE DIP PINTO BEANS	2 CHICKEN AND WAFFLES TATER TOTS KETCHUP, SYRUP	3 VIRTUAL SCHOOL DAY NO MEAL

****All meals served with fresh or chilled fruit and a milk choice****
 This institution is an equal opportunity provider

LUNCH MENU

MARCH 2023

RRHS/RRJRH/RAA



MON	TUE	WED	THU	FRI
<p>27 BAKED SAUSAGE PENNE TOSSED ROMAINE SALAD AND DRESSING</p>	<p>28 MIGHTY CHEESEBURGER BAKED FRENCH FRIES VEGETARIAN BEANS MAYO, MUSTARD, KETCHUP</p>	<p>1 SPICY TERIYAKI CHICKEN AND BROCCOLI STEAMED RICE FRESH BABY CARROTS LOW SODIUM SOY SAUCE HOUSEMADE RANCH DRESSING</p>	<p>2 MEATBALL MARINARA HOAGIE SWEET POTATO FRIES LETTUCE, TOMATOES, PICKLES KETCHUP</p>	<p>3 VIRTUAL SCHOOL DAY NO MEAL</p>
<p>6 SPAGHETTI AND MEATSAUCE GARLIC BREAD STICKS TOSSED ROMAINE SALAD HOMEMADE RANCH DRESSING</p>	<p>7 BARBEQUE CHICKEN DRUMSTICKS MACARONI AND CHEESE GREEN BEANS DINNER ROLL</p>	<p>8 BULLDOG NACHOS SEASONED CORN PINTO BEANS JALAPENOS, SOUR CREAM</p>	<p>9 CHICKEN AND WAFFLES TATER TOTS SYRUP, KETCHUP</p>	<p>10 Spring Break NO School</p>
<p>13 Spring Break NO School</p>	<p>14 RED BEANS & SAUSAGE STEAMED RICE TOSSED ROMAINE SALAD/HOMEMADE DRESSING</p>	<p>15 PULLED PORK SANDWICH COLE SLAW VEGETARIAN BEANS BBQ SAUCE</p>	<p>16 PANCAKES & SAUSAGE TATER TOTS KETCHUP, SYRUP</p>	<p>17 VIRTUAL SCHOOL DAY NO MEAL</p>
<p>20 CHICKEN AND SAUSAGE JAMBALAYA SEASONED GREEN BEANS GARLIC BREAD STICK HOT SAUCE</p>	<p>21 SPICY CHICKEN SANDWICH SWEET POTATO FRIES SANDWICH SALAD CUP RANCH DIP AND KETCHUP</p>	<p>22 BEEF TIPS STEAMED RICE DINNER ROLL ROASTED FRESH BROCCOLLO</p>	<p>23 CHICKEN NUGGETS FRENCH FRIES BAKED BEANS KETCHUP AND BARBEQUE SAUCE</p>	<p>24 VIRTUAL SCHOOL DAY NO MEAL</p>
<p>27 MIGHTY CHEESEBURGER OVEN BAKED FRENCH FRIES VEGETARIAN BEANS KETCHUP, MAYO, MUSTARD</p>	<p>28 SWEET THAI BONELESS WINGS FRIED RICE ITALIAN SLICED CARROTS</p>	<p>1 CHICKEN FAJITA TACOS CORN SALSA PINTO BEANS SALSA, SOUR CREAM</p>	<p>2 CORN DOG NACHO CHEESE CHIPS VEGETARIAN BEANS CORN KETCHUP, MAYO, MUSTARD</p>	<p>3 VIRTUAL SCHOOL DAY NO MEAL</p>

****All meals served with fresh or chilled fruit and a milk choice****
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