

# BREAKFAST MENU

## SEPTEMBER 2023 RED RIVER ELEMENTARY



MON	TUE	WED	THU	FRI
<b>28</b> BREAKFAST PIZZA  <u>ENTRÉE OPTION:</u> CEREAL/MUFFIN 100% FRUIT JUICE	<b>29</b> CINNAMON ROLL  <u>ENTRÉE OPTION:</u> CEREAL/POPTART 100% FRUIT JUICE	<b>30</b> SAUSAGE BISCUIT  <u>ENTRÉE OPTION:</u> WG CINNI MINIS 100% FRUIT JUICE JELLY	<b>31</b> TOAST & EGGS  <u>ENTRÉE OPTION:</u> CEREAL/YOGURT 100% FRUIT JUICE SYRUP	<b>1</b>  LABOR DAY HOLIDAY
<b>4</b>  LABOR DAY HOLIDAY	<b>5</b>  LABOR DAY HOLIDAY	<b>6</b> CHICKEN BISCUIT  <u>ENTRÉE OPTION:</u> WG CINNIE MINNIES 100% FRUIT JUICE JELLY	<b>7</b> PANCAKE ON A STICK  <u>ENTRÉE OPTION:</u> CEREAL/YOGURT 100% FRUIT JUICE JELLY	<b>8</b>  VIRTUAL SCHOOL DAY  NO MEAL
<b>11</b> BREAKFAST PIZZA  <u>ENTRÉE OPTION:</u> CEREAL/MUFFIN 100% FRUIT JUICE	<b>12</b> CINNAMON ROLL  <u>ENTRÉE OPTION:</u> CEREAL/POPTART 100% FRUIT JUICE	<b>13</b> SAUSAGE BISCUIT  <u>ENTRÉE OPTION:</u> CINNIE MINNIES 100% FRUIT JUICE JELLY	<b>14</b> TOAST & EGGS  <u>ENTRÉE OPTION:</u> CEREAL/CEREAL BAR 100% FRUIT JUICE SYRUP	<b>15</b>  VIRTUAL SCHOOL DAY  NO MEAL
<b>18</b> FRENCH TOAST STICKS  <u>ENTRÉE OPTION:</u> CEREAL/MUFFIN 100% FRUIT JUICE	<b>19</b> HAM AND CHEESE CROISSANT  <u>ENTRÉE OPTION:</u> CEREAL/POPTART 100% FRUIT JUICE	<b>20</b> CHICKEN BISCUIT  <u>ENTRÉE OPTION:</u> WG CINNIE MINNIES 100% FRUIT JUICE JELLY	<b>21</b> PANCAKE ON A STICK  <u>ENTRÉE OPTION:</u> CEREAL/CEREAL BAR 100% FRUIT JUICE SYRUP	<b>22</b>  VIRTUAL SCHOOL DAY  NO MEAL
<b>25</b> BREAKFAST PIZZA  <u>ENTRÉE OPTION:</u> CEREAL/MUFFIN 100% FRUIT JUICE	<b>26</b> CINNAMON ROLL  <u>ENTRÉE OPTION:</u> CINNIE MINNIES 100% FRUIT JUICE JELLY	<b>27</b> SAUSAGE BISCUIT  <u>ENTRÉE OPTION:</u> CEREAL/POPTART 100% FRUIT JUICE	<b>28</b> TOAST & EGGS  <u>ENTRÉE OPTION:</u> CEREAL/CEREAL BAR 100% FRUIT JUICE SYRUP	<b>29</b>  VIRTUAL SCHOOL DAY  NO MEAL

**\*\*All meals served with fresh or chilled fruit and a milk choice\*\***  
This institution is an equal opportunity provider

# BREAKFAST MENU

## SEPTEMBER 2023 RRHS/RRJR/RAA



MON	TUE	WED	THU	FRI
<b>28</b> <b>BREAKFAST PIZZA</b>  <u>ENTRÉE OPTION:</u> CEREAL/MUFFIN 100% FRUIT JUICE	<b>29</b> <b>CINNAMON ROLL</b>  <u>ENTRÉE OPTION:</u> CEREAL/POPTART 100% FRUIT JUICE	<b>30</b> <b>SAUSAGE BISCUIT</b>  <u>ENTRÉE OPTION:</u> WG CINNI MINIS 100% FRUIT JUICE JELLY	<b>31</b> <b>TOAST &amp; EGGS</b>  <u>ENTRÉE OPTION:</u> CEREAL/YOGURT 100% FRUIT JUICE SYRUP	<b>1</b> <b>LABOR DAY HOLIDAY</b>
<b>4</b> <b>LABOR DAY HOLIDAY</b>	<b>5</b> <b>LABOR DAY HOLIDAY</b>	<b>6</b> <b>CHICKEN BISCUIT</b>  <u>ENTRÉE OPTION:</u> WG CINNIE MINNIES 100% FRUIT JUICE JELLY	<b>7</b> <b>PANCAKE ON A STICK</b>  <u>ENTRÉE OPTION:</u> CEREAL/YOGURT 100% FRUIT JUICE JELLY	<b>8</b> <b>VIRTUAL SCHOOL DAY</b>  NO MEAL
<b>11</b> <b>BREAKFAST PIZZA</b>  <u>ENTRÉE OPTION:</u> CEREAL/MUFFIN 100% FRUIT JUICE	<b>12</b> <b>CINNAMON ROLL</b>  <u>ENTRÉE OPTION:</u> CEREAL/POPTART 100% FRUIT JUICE	<b>13</b> <b>SAUSAGE BISCUIT</b>  <u>ENTRÉE OPTION:</u> CINNIE MINNIES 100% FRUIT JUICE JELLY	<b>14</b> <b>TOAST &amp; EGGS</b>  <u>ENTRÉE OPTION:</u> CEREAL/CEREAL BAR 100% FRUIT JUICE SYRUP	<b>15</b> <b>VIRTUAL SCHOOL DAY</b>  NO MEAL
<b>18</b> <b>FRENCH TOAST STICKS</b>  <u>ENTRÉE OPTION:</u> CEREAL/MUFFIN 100% FRUIT JUICE	<b>19</b> <b>HAM AND CHEESE CROISSANT</b>  <u>ENTRÉE OPTION:</u> CEREAL/POPTART 100% FRUIT JUICE	<b>20</b> <b>CHICKEN BISCUIT</b>  <u>ENTRÉE OPTION:</u> WG CINNIE MINNIES 100% FRUIT JUICE JELLY	<b>21</b> <b>PANCAKE ON A STICK</b>  <u>ENTRÉE OPTION:</u> CEREAL/CEREAL BAR 100% FRUIT JUICE SYRUP	<b>22</b> <b>VIRTUAL SCHOOL DAY</b>  NO MEAL
<b>25</b> <b>BREAKFAST PIZZA</b>  <u>ENTRÉE OPTION:</u> CEREAL/MUFFIN 100% FRUIT JUICE	<b>26</b> <b>CINNAMON ROLL</b>  <u>ENTRÉE OPTION:</u> CINNIE MINNIES 100% FRUIT JUICE JELLY	<b>27</b> <b>SAUSAGE BISCUIT</b>  <u>ENTRÉE OPTION:</u> CEREAL/POPTART 100% FRUIT JUICE	<b>28</b> <b>TOAST &amp; EGGS</b>  <u>ENTRÉE OPTION:</u> CEREAL/CEREAL BAR 100% FRUIT JUICE SYRUP	<b>29</b> <b>VIRTUAL SCHOOL DAY</b>  NO MEAL

**\*\*All meals served with fresh or chilled fruit and a milk choice\*\***

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# LUNCH MENU

## SEPTEMBER 2023 RED RIVER ELEMENTARY



MON	TUE	WED	THU	FRI
<b>28</b> <b>MIGHTY CHEESEBURGER</b>  FRENCH FRIES VEGETARIAN BEANS  MAYO, MUSTARD, KETCHUP	<b>29</b> <b>BAKED ITALIAN PENNE</b>  GREEN BEANS GARLIC BREADSTICK	<b>30</b> <b>RANCH CHICKEN DRUMSTICK</b>  CHEESY POTATO CASSEROLE ITALIAN SLICED CARROTS DINNER ROLL	<b>31</b> <b>CORN DOG</b>  CHIPS STEAMED BROCCOLI KETCHUP, MUSTARD, MAYO	<b>1</b>  <b>LABOR DAY HOLIDAY</b>
<b>4</b>  <b>LABOR DAY HOLIDAY</b>	<b>5</b>  <b>LABOR DAY HOLIDAY</b>	<b>6</b> <b>BULLDOGS NACHOS</b>  BABY CARROTS/RANCH DIP PINTO BEANS  SOUR CREAM, SALSA	<b>7</b> <b>CHICKEN AND WAFFLES</b>  TATER TOTS  KETCHUP, SYRUP	<b>8</b>  <b>VIRTUAL SCHOOL DAY</b>  NO MEAL
<b>11</b> <b>CHEESE PIZZA</b>  SEASONED GREEN BEANS CARROTS/RANCH DIP	<b>12</b> <b>CHEESY CHICKEN PASTA</b>  TOSSED ROMAINE SALAD DINNER ROLL HOMEMADE RANCH DRESSING	<b>13</b> <b>CHILLI DAWG</b>  CHIPS SIDE OF CHILI & CHEESE MAYO, MUSTARD, KETCHUP	<b>14</b> <b>CHICKEN NUGGETS</b>  BAKED FRENCH FRIES KETCHUP AND BARBEQUE SAUCE	<b>15</b>  <b>VIRTUAL SCHOOL DAY</b>  NO MEAL
<b>18</b> <b>PULLED PORK SANDWICH</b>  CHIPS BABY CARROTS/VEGGIE DIP	<b>19</b> <b>CHICKEN &amp; SAUSAGE JAMBALAYA</b>  STEAMED BROCCOLI  BREADSTICK	<b>20</b> <b>CRISPY CHICKEN SANDWICH</b>  BAKED FRIES SANDWICH SALAD CUP  KETCHUP, MAYO, MUSTARD	<b>21</b> <b>CRISPY TACOS</b>  SPANISH RICE PINTO BEANS  SALSA &	<b>22</b>  <b>VIRTUAL SCHOOL DAY</b>  NO MEAL
<b>25</b> <b>MIGHTY CHEESEBURGER</b>  FRENCH FRIES VEGETARIAN BEANS  MAYO, MUSTARD, KETCHUP	<b>26</b> <b>BAKED ITALIAN PENNE</b>  GREEN BEANS GARLIC BREADSTICK	<b>27</b> <b>RANCH CHICKEN DRUMSTICK</b>  CHEESY POTATO CASSEROLE ITALIAN SLICED CARROTS DINNER ROLL	<b>28</b> <b>CORN DOG</b>  CHIPS STEAMED BROCCOLI KETCHUP, MUSTARD, MAYO	<b>29</b>  <b>VIRTUAL SCHOOL DAY</b>  NO MEAL

**\*\*All meals served with fresh or chilled fruit and a milk choice\*\***  
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# LUNCH MENU

## SEPTEMBER 2023 RRHS/RRJRH/RAA



MON	TUE	WED	THU	FRI
<p>PHILLY CHEESESTEAK SANDWICH</p> <p>SWEET POTATO FRIES</p> <p>KETCHUP</p>	<p>28 SWEET THAI BONELESS WINGS</p> <p>FRIED RICE</p> <p>SLICED CARROTS</p>	<p>29 CHICKEN FAJITA TACOS</p> <p>CORN SALSA</p> <p>PINTO BEANS</p> <p>CHIPS</p> <p>SALSA, SOUR CREAM</p>	<p>30 CORN DOG</p> <p>NACHO CHEESE CHIPS</p> <p>BAKED BEANS</p> <p>KETCHUP, MUSTARD</p>	<p>1</p> <p>LABOR DAY HOLIDAY</p>
<p>4</p> <p>LABOR DAY HOLIDAY</p>	<p>5</p> <p>LABOR DAY HOLIDAY</p>	<p>6 SPICY CHICKEN TERIYAKI</p> <p>FRIED RICE</p> <p>FRESH BABY CARROTS/ RANCH DRESSING</p> <p>CRACKERS</p>	<p>7 CHICKEN AND WAFFLES</p> <p>TATER TOTS</p> <p>KETCHUP, SYRUP</p>	<p>8</p> <p>VIRTUAL SCHOOL DAY</p> <p>NO MEAL</p>
<p>11 SPAGHETTI AND MEATSAUCE</p> <p>GARLIC BREAD STICKS</p> <p>TOSSED ROMAINE SALAD/ HOMEMADE RANCH DRESSING</p>	<p>12 BARBEQUE CHICKEN DRUMSTICKS</p> <p>CHEESY POTATO CASSEROLE</p> <p>GREEN BEANS</p> <p>DINNER ROLL (CRACKERS HS)</p>	<p>13 BULLDOG NACHOS</p> <p>SEASONED PINTO BEANS</p> <p>WHOLE KERNAL CORN</p> <p>JALAPENOS, SOUR CREAM</p>	<p>14 PANCAKES WITH SAUSAGE</p> <p>SWEET POTATO TOTS</p> <p>KETCHUP, SYRUP</p>	<p>15</p> <p>VIRTUAL SCHOOL DAY</p> <p>NO MEAL</p>
<p>18 MEAT PIE</p> <p>CHEESY POTATO CASSEROLE</p> <p>TOSSED ROMAINE SALAD/RANCH DRESSING</p> <p>KETCHUP</p>	<p>19 RED BEANS AND SAUSAGE</p> <p>STEAMED RICE</p> <p>TOSSED ROMAINE SALAD/RANCH DRESSING</p>	<p>20 PULLED PORK SANDWICH</p> <p>CONFETTI COLE SLAW</p> <p>VEGETARIAN BEANS</p> <p>BBQ SAUCE</p>	<p>21 CHICKEN NUGGETS</p> <p>FRENCH FRIES</p> <p>BAKED BEANS</p> <p>KETCHUP AND BARBEQUE SAUCE</p>	<p>22</p> <p>VIRTUAL SCHOOL DAY</p> <p>NO MEAL</p>
<p>25 NETTE'S CHICKEN SPAGHETTI</p> <p>GARLIC BREADSTICK</p> <p>SEASONED GREEN BEANS</p> <p>CARROT STICKS/DIP</p>	<p>26 SPICY CHICKEN SANDWICH</p> <p>SWEET POTATO FRIES</p> <p>SANDWICH SALAD CUP</p> <p>RANCH DIP AND KETCHUP</p>	<p>27 BEEF TIPS</p> <p>STEAMED RICE</p> <p>TOSSED ROMAINE SALAD/RANCH DRESSING</p> <p>DINNER ROLL</p>	<p>28 CORN DOG</p> <p>NACHO CHEESE CHIPS</p> <p>BAKED BEANS</p>	<p>29</p> <p>VIRTUAL SCHOOL DAY</p> <p>NO MEAL</p>

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