October 23, 2025

Red River Parish Wellness Policy

Summary committee notes

➢ Annual Assessment by subcommittee of the School Health Advisory Council

The Red River Parish Schools Wellness Policy has in place a formal system of building a world-class school environment that is safe and healthy, thereby enhancing the potential for academic achievement among students. This wellness policy addresses the following areas:

1. Nutrition Service Guidance
2. Nutrition education
3. Physical activity and physical education
4. Communication and promotion of the Wellness Policy

The tool, our wellness policy, we have in place has served as a positive guide to helping our children and staff be healthier and make healthy choices. We will continue implementing and monitoring our policy in its present form. These are the results of the annual elevation of the Red River Parish Wellness Policy:

- Policy posted on all school campuses and new employees made aware of the policy.
- Nutrition meals are served in the cafeteria with the addition of fruit available in the evening time for students and staff.
- Teachers modeled good eating habits for students.
- Faculty/Staff has established RRES Health Month appreciation in May
- Extra water has been made available throughout the schools.
- Emphasis on nutritional requirements is promoted on our campuses.
- Increase physical activity programs are promoted.
- Communication is available in the following resources (Bulletin Boards, RR Health Unit, School Website, and the local newspaper).

The River Red Parish Wellness Policy was highlighted at the Pre-K and K Health Fair October 1-2, 2025 with annual assessment posted for all stock holders to view. The puberty program emphasized nutrition covering all of the above aspects, emphasizing physical activity, and sleep. The committee was encouraged with the findings. We will continue to strive to make progress in nutritional service guidance, nutrition education, physical activity and physical education, communication and promotion of the Red River Parish Wellness Policy.

Fletter Taylor, RN, BSN, MA

RED RIVER PARISH SCHOOL BOARD

WELLNESS POLICY REVIEW FOR COMMITTEE 2025-26

PRINTED NAME	SIGNATURE	POSITION
Deborah Babers	Deborah Babers	Parent & Family Engagement Coord.
Katherine Smith	Katherine Smith	Homeless Liaison
Kala Sims	Kala Sims	Childrens Director RRP Library
Amos Taylor		Nutrition Retail District Manager
Lauren Hillman	Lauren Hillman	Nutrition
Karisma Jones Williams	Karisma Jones Williams	Parent / Nursing Supervisor @ PHU
Jeanetta Taylor	Jeanetta Taylor	Parent / Registered Nurse / ASN, BSN MSN-PH
Macy Gwin		FNP-C CCHCC
Leslee Sanders	Leslee Sanders	Clinic LPN
Crystal Smith	Crystal Smith	UAC-Social Worker
Yashica Turner	Yashica Turner	Health Occupations Instructor